



Professional Disclosure Statement

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Revised July 1, 2011

My philosophy and approach to counseling: I am a Person-Centered, Integrative counselor. As a Person-Centered counselor, I believe that my job as a counselor is to understand your experience without judgment and communicate my understanding to you, and that healing and change come from this process of understanding. As an Integrative counselor, I also believe that there is no one right way of counseling that works for every client; I believe it is my job to find out what techniques of counseling would work best for you, given what I understand about you.

Formal education and training: I hold a Master of Science degree in Counseling from Oregon State University in Corvallis, Oregon. Major coursework covered topics such as human growth and development, social and cultural foundations, helping relationships, group work, career and lifestyle development, appraisal, research and program evaluation, and professional orientation.

Continuing education and supervision requirements: As a licensee of the Oregon Board of Licensed Professional Counselors and Therapists, I will abide by its Code of Ethics. To maintain my license, I am required to participate in annual continuing education, by taking classes dealing with subjects relevant to this profession. I may substitute professional supervision for part of this requirement.

Fee schedules: My regular fee per session is \$100; each session may be scheduled for 50 minutes or 80 minutes. Please see the current fee schedule for other fee rates available.

Your rights as a client: I follow the Oregon Board of Licensed Professional Counselors and Therapists Code of Ethics (OAR 833-060-0001). As a client of an Oregon licensee, you have the right:

- To expect that a licensee has met the minimal qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics;
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions:
 - 1) Reporting suspected child abuse;
 - 2) Reporting imminent danger to client or others;
 - 3) Reporting information required in court proceedings or by client's insurance company, or other relevant agencies;
 - 4) Providing information concerning licensee case consultation or supervision; and
 - 5) Defending claims brought by client against a licensee.
- To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

I'd be happy to provide you with complete text of the ethical and legal rules I follow. If you have any questions or concerns, you may contact:

Oregon Board of
Licensed Professional Counselors and Therapists
3218 Pringle Road, SE, #250, Salem, OR 97302-6312
(503) 378-5499 <http://www.oregon.gov/OBLPCT/>